

## PRE-DENTAL TIMELINE

### ***4 Years Prior to Starting Dental School:*** *(Freshman Year if entering immediately from Carthage.)*

- ☐ Make an appointment with your pre-health career specialist in the Aspire Center to gather information on engaging in pre-health events.
  - ☐ Attend informational meetings for the pre-health program.
  - ☐ Research career information to identify what being a dentist means and the pathway steps towards that career.
  - ☐ Become involved in the pre-health club.
  - ☐ Participate in the spring first-year pre-health career exploratory seminar.
  - ☐ Start to develop relationships with faculty, staff and mentors at Carthage.
  - ☐ Identify experiential learning opportunities including research, internships, volunteering or shadowing.
- 

### ***3 Years Prior to Starting Dental School:*** *(Sophomore Year if entering immediately from Carthage.)*

- ☐ Meet with your academic faculty advisor to make sure you are progressing through your majors and minors requirements.
  - ☐ Meet with the pre-health advising team to make sure you are progressing through your physical therapy prerequisite courses.
  - ☐ Reach out to the pre-health career specialist in The Aspire Center to gather information on potential application preparation opportunities.
  - ☐ Begin to investigate potential dental schools and identify the admission requirements/timelines.
  - ☐ Continue to identify and secure experiential learning opportunities including research, internships or volunteering.
  - ☐ Begin shadowing a variety of dentists.
  - ☐ Learn more about the DAT and identify an action plan for studying/taking practice exams.
- 

### ***2 Years Prior to Starting Dental School:*** *(Junior Year if entering immediately from Carthage.)*

- ☐ Continue to meet with your academic faculty advisor, pre-health advising team and the pre-health career specialist to ensure that you are on track for both major/minor academic requirements and pre-dental requirements.
- ☐ Participate and complete the personal statement workshop in the fall semester.
- ☐ Stay involved in both the Carthage community and experiential learning opportunities.

- ☐ Register and take the DAT.
- ☐ Continue to shadow dentists from a wide variety of settings.
- ☐ Participate and complete the interview workshop in the spring semester.
- ☐ Gather all required letters of recommendation applicants for your application giving at least 2-3 months advance notice before requesting committee letters for writing.
- ☐ Complete the committee letter application.
- ☐ Double check dates and deadlines for application materials to your selected dental school.
- ☐ AADAS will open in the spring and all materials should be submitted in June.

---

***One Year Prior to Starting Dental School*** (Senior Year if entering immediately from Carthage.)

- ☐ Continue to prepare for potential interviews.
- ☐ Monitor AADAS for any supplemental materials or admissions next steps.
- ☐ Continue to meet with your academic faculty advisor to sure that you are on track for both major/minor academic requirements.
- ☐ Contact your career specialist and the pre-health advising team with any updates on your admission status for dental school.