

PRE-MEDICAL TIMELINE

4 Years Prior to Starting Medical School: *(Freshman Year if entering immediately from Carthage.)*

- ☐ Make an appointment with your pre-health career specialist in the Aspire Center to gather information on engaging in pre-health events.
 - ☐ Attend informational meetings for the pre-health program.
 - ☐ Research career information to identify what being a doctor means and the pathway steps towards that career.
 - ☐ Become involved in the pre-health club.
 - ☐ Participate in the spring first-year pre-health career exploratory seminar.
 - ☐ Start to develop relationships with faculty, staff and mentors at Carthage.
 - ☐ Identify experiential learning opportunities including research, internships, volunteering or shadowing.
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3 Years Prior to Starting Medical School: *(Sophomore Year if entering immediately from Carthage.)*

- ☐ Meet with your academic faculty advisor to make sure you are progressing through your majors and minors requirements.
 - ☐ Meet with the pre-health advising team to make sure you are progressing through your medical school prerequisite courses.
 - ☐ Reach out to the pre-health career specialist in The Aspire Center to gather information on potential application preparation opportunities.
 - ☐ Begin to investigate potential medical schools and identify the admission requirements/timelines.
 - ☐ Continue to identify and secure experiential learning opportunities including research, internships or volunteering.
 - ☐ Begin shadowing a variety of doctors.
 - ☐ Learn more about the MCAT and identify an action plan for studying/taking practice exams.
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2 Years Prior to Starting Medical School: *(Junior Year if entering immediately from Carthage.)*

- ☐ Continue to meet with your academic faculty advisor, pre-health advising team and the pre-health career specialist to ensure that you are on track for both major/minor academic requirements and pre-medical requirements.
- ☐ Participate and complete the personal statement workshop in the fall semester.
- ☐ Stay involved in both the Carthage community and experiential learning opportunities.

- ☐ Register and take the MCAT in the spring semester.
 - ☐ Continue to shadow doctors from a wide variety of settings.
 - ☐ Participate and complete the interview workshop in the spring semester.
 - ☐ Gather all required letters of recommendation applicants for your application giving at least 2-3 months advance notice before requesting committee letters for writing.
 - ☐ Complete the committee letter application.
 - ☐ Double check dates and deadlines for application materials to your selected medical school.
 - ☐ AMCAS will open in the early summer and all materials should be submitted by the end of June.
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1 Year Prior to Starting Medical School: (Senior Year if entering immediately from Carthage.)

- ☐ Continue to prepare for potential interviews.
- ☐ Monitor AMCAS for any supplemental materials or admissions next steps.
- ☐ Continue to meet with your academic faculty advisor to sure that you are on track for both major/minor academic requirements.
- ☐ Contact your career specialist and the pre-health advising team with any updates on your admission status for medical school.